



# BEING RELATIONAL GAZETTE

Baltimore Mediation's Newsletter & Tips

March 2019

## A MESSAGE FROM OUR FOUNDER

Welcome, March! Do you believe in luck? I believe that "luck" is the intersection where preparation and intentionality meet opportunity. How will you create luck for yourself this month? Kick the tires, step out of your frame, but most importantly make sure the rubber meets the road with intentional and relational practices. Sending love! - Louise



HOPE IN CRISIS

## Relational Medicine

by Louise Phipps Senft

### Hope in Crisis: Relational Medicine

I share the story of Hope in Crisis and Relational Medicine - how relational choices in a highly transactional world led to reduced suffering for my son Archer and created space for healing.

This is the tip of the iceberg for what I believe is a revolution we can create

called **Relational Medicine**. It was an honor to speak to over 1,000 medical professionals at Multicare Health System in Tacoma, Washington about this cutting edge philosophy. Together I believe health care systems can make a radical relational choice at the ground view and policy level which can promote healing and optimal medicine!

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Louise continues to deliver the **Relational Medicine** message for medical conferences and medical recognition events. It's all about **Relational Leadership** and Healing!

She is also available to speak at events, conferences, schools, companies and more. Her speech themes include, but are not limited to:

- Relational Leadership for You, for women, attorneys, executives, politicians, physicians, families
- Transformative Mediation: what it is and why you need it
- Stories from the Trenches
- How to Transform the Adversarial Ethic in Your Life
- Where is God in Crisis?
- Relational Advocacy in Healthcare: Crossing Silos and Moving Mountains
- Relational Advocacy in Attorney Negotiations
- Creative Miracles for Healthcare and Well-Being: The Side-by-Side Partnership of Integrative Medicine and Western Medicine

## FEATURE



Customized Training Workshop for Safe Streets Cherry Hill!



Baltimore Mediation had the privilege of conducting a customized training workshop, in a continuing partnership of the last five years, for the amazing men and women at **Safe Streets Cherry Hill** last month.

Utilizing their first-hand experience with "life on the streets", the **Safe Streets** team is physically stopping violence on the streets of Baltimore, at times stepping directly into the line of fire.

This organization is already doing so much to mediate conflicts on the streets of Baltimore, and now they can do so relationally!

### DIVORCE CLIENTS ARE SAYING

Baltimore Mediation continues its 25 year tradition of offering an alternative to adversarial and litigative divorces with transformative mediation.

A recent client said, "One of the best parts of working with Baltimore Mediation was not just the cost savings, it was the quality of the agreement that was created. It was comprehensive and totally tailored by us." - Anonymous

## NEWS

### UPCOMING TRAININGS



**June 40-Hour Mediation & Conflict Transformation Skills Training: Workplace Mediation & Third Party Interventions**

When: June 17-21, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade

### TRAINING PARTICIPANTS ARE SAYING...



Glowing testimonial from David Lewis, Director of Expert Group on Amiable

Course Fee: \$1550

## TEAM HIGHLIGHT - Ben Vaughn

Register Now

### October 40-Hour Mediation & Conflict Transformation Skills Training: Sources of Conflict & A System

When: October 21 -25, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade  
4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$1550



Register Now

### December 40-Hour Basic Mediation & Conflict Transformation Skills Training

When: December 9 -13, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade  
4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$1550

Register Now

### January 20-Hour Advanced Mediation & Conflict Transformation Skills Training: Custody, Visitation & Child Support

When: January 22-24, 2020  
@ 5:00 PM-9:30 PM  
9:00 AM - 5:30 PM  
9:00 AM - 4:00 PM

Where: The Inn at the Colonnade  
4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$945

Register Now

Ben Vaughn is a 20+ year Information Technology veteran and CEO of AutoWeb Technologies ([www.autowebtech.com](http://www.autowebtech.com)), a leader in web design/development & digital marketing, with clients across North America, Canada, the Caribbean, and Europe. He has worked closely with Baltimore Mediation over the years as a trusted digital design and marketing partner to further their web presence and grow their reach. Ben and Louise also share in having children with disabilities, a connection that has created a deeper bond between them. In his spare time Ben enjoys baseball and spending time with his wife and kids!

#### IN A RECENT...

Advanced Training, family mediator Daniel Shneyer said,

“The most fertile learning of the session for me was watching Louise conduct a parenting plan role-play. To give some context, for about a year I have been mediating in the District Court of Maryland in Howard County and I have tried to remain faithful to the transformative model. However, in my fear of being directive, I have primarily constrained my interventions to listening, reflections, summaries, check-ins and perhaps, at times, observations. I have not in memory asked questions that really invited relationally deeper and clearer disclosures of one participant to another, or supported the deliberation process. Observing Louise, I saw that more was possible within this framework than what I had been

offering to people."

## GRATITUDE.... ACCOLADES, HIGH FIVES!

We are very grateful the Pennsylvania Bar Association has asked Louise to be a keynote speaker at their upcoming conference in May! PA here we come!"



### BUSINESS CLIENTS ARE SAYING

"They offer a transformative approach that believes in each of our capacities and what was possible. They also helped us get through, gave us a working document that clearly summed things up in a succinct way, what the barriers were, and the potential to make room for others, all from us but synthesized by our BMC mediator. We also have a signed agreement that we stand by and it works!" - Business Facilitation Client

# BEING GROUNDED -TIPS



When you are grounded, you expect change, even those changes that might not be welcomed. You have a stance, a rootedness, that can accept change because you know that nothing is permanent

## #7WAYS 7WEEKS



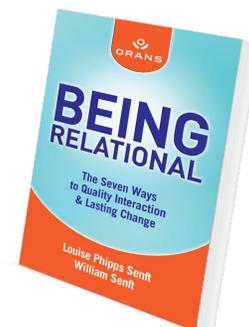
**BEING RELATIONAL**  
KEYNOTES | BOOK | WORKSHOPS

### QUOTE FOR THE MONTH:

"The art of happiness begins with developing an understanding of what are the truest sources of happiness, and setting our priorities in life based on the cultivation of those sources." - The 14th Dalai Lama

For copies of the **Amazon best seller** *Being Relational: The Seven Ways to Quality Interaction & Lasting Change* visit

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AS SEEN ON:



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