



BEING RELATIONAL GAZETTE

Baltimore Mediation's Newsletter & Tips

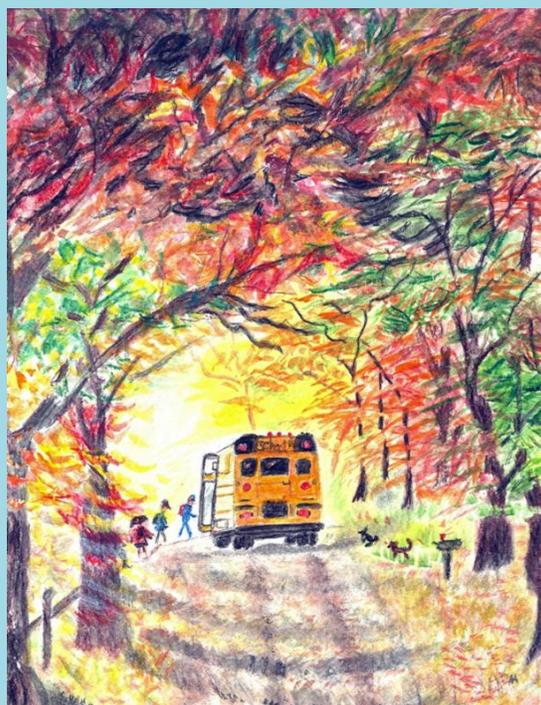
September 2019

A MESSAGE FROM OUR FOUNDER

Welcome September! The start of the school year is one of my favorite times of the year. It's almost like a mini New Years Day. But what this season really represents for me is a time to recenter, create new routines, and welcome new experiences. In the afterglow of summer 2019, what new routines are you looking forward to? What are you dreading? Finding balance and remaining *open* to the possibilities that the fall season brings will keep you *grounded*. As our surroundings change, via the leaves and trees, so can our mindset.

Sending love

Louise



GRATTITUDE.... ACCOLADES, HIGH FIVES!

The Relational Mindset in Law: An Example in Practice



Excited that mediator, arbitrator, and educator **Robert Creo** has written about **Being Relational** in his lawyer wellness blog "**Happy Effective Lawyer**"! Check out an excerpt below and click the link to read the blog in full.

*"Recently, I read and reviewed Stewart Levine's book, entitled **The Best Lawyer You Can Be: A Guide to Physical, Mental, Emotional, and Spiritual Wellness**. In the Afterword of the book, Stewart and contributor Louise Phipps Senft, Esq., focus on what it means to practice in a "relational" rather than "transactional" manner. They urge readers to "take time to read, contemplate, and consider others' voices and discern how their expertise affects your thinking and moves you to act in ways that are good for you..."*

[Read More](#)

FEATURE

Transformative Mediation as a First Step in Business Planning



This past month, Louise was asked to sit down with patent attorney, college professor, and blogger **Linda Hutchison** for a discussion on mediation at the onset of business partnership.

"Let's write a song together. Let's make a product together. Either one of these statements could start a market-changing conversation between two creative people. Whether the conversation happens in a coffee shop or a machine shop, the conversation may fail to address the bumps in commercializing the co-created intellectual property. These bumps may ultimately cause harm to the co-creators' business and personal relationships. In this interview with Louise Phipps Senft, Founder of Baltimore Mediation, we learn how using a transformative mediator early in a business relationship encourages smooth commercialization of intellectual property."

[Read More Here](#)

NEWS

SPOTLIGHT

**Mike Skinner: Connecting
Catholicism with Being Relational**

**Here's What a Business Mediation
Client Had to Say:**



Through his ministry, **Gratia Reflections**, Mike Skinner is helping Catholics deepen their faith and grow in divine grace. The philosophy of Being Relational draws from many different sources: health and wellness, mental health, and communications theory. It also has a spiritual connection as well. Creating a better world for us all to live and interact in is the ultimate goal, *self and other*. Skinner shares in this belief system as well.

Since authoring *Men of Virtue Rosary*, the book has been featured in the **Catholic Review**, on **Radio Maria USA**, **EWTN** and at **Mount Saint Mary's University**. Skinner was "pleasantly surprised" by the take off of the book, but "quickly realized that there's something at work here that is far greater than I could have ever imagined."

He says, "I'm humbled by this and just want to do what I can to help bring the message to others."

Being Humble is one of the last chapters of *Being Relational*. It's about believing in something bigger than yourself, having a grounded view of yourself, being grateful and lifting others up. Skinner instantly saw parallels between this and his message and says his newly released book *Precious Life Rosary* incorporates these ideas.

"The connections are everywhere! I talk



"Baltimore Mediation offered us a transformative approach that believed in each of our capacities and what was possible. They helped us get through a difficult merger and business break up, gave us a working document that clearly summed things up in a succinct way, all from us but synthesized by our Baltimore Mediation mediator. And we have a signed agreement that we stand by and it works!"

Here's What a Divorce Mediation Client Had to Say:



"Mediation should be the first step to resolving any conflict if it allows the opportunity for everyone to be empowered in the resolution of the conflict." - Mediation client

UPCOMING TRAININGS

about this in *Precious Life Rosary*— our ultimate goal in life is ... to work toward our own salvation. 'Salvation' is derived from the Latin, meaning 'to save'. We all have a duty and a calling (our vocation) to help save each other by spending what little time we have on this earth doing God's work.

"Jesus puts it simply when he tells us to love each other. Saint Thomas Aquinas says that "to love" is to desire the good of the other. I believe we're called to embrace our earthly suffering with faith, humility, and resignation to God's will so as to induce good for our neighbor. I think the quote from Jackie Robinson speaks volumes, 'A life is not important except in the impact it has on other lives.' We can view Jackie Robinson's life, and our own suffering, as a way that we are helping, loving, and ideally saving others. In doing so, we save ourselves.

"To me, this is what Being Relational and driving lasting change is all about. It is the understatement of the century to say that the work Louise is doing with *Being Relational* is so important for the future of humanity. What a beautiful, contemporary model of 'love!'"

To learn more about Mike Skinner and his ministry visit

<https://www.gratiareflections.com/>

His newly released book *Precious Life Rosary* can be found [here](#).

WHAT TRAINING CLIENTS ARE SAYING



"Louise is a master trainer and her expertise in conflict resolution and *conflict transformation* is second-to-none. If you want to experience a



Know Thyself: Conflict Transformation & The Enneagram as Catalyst (4 Hour CLE)

When: September 10, 2019 @ 1:30 p.m. - 5:30 p.m. (A small group workshop)

Where: Union Mill
1500 Union Avenue, Baltimore, MD 21211
Conference Room 1A

Course Fee: \$295.00

Register Now

October 40-Hour Mediation & Conflict Transformation Skills Training: Sources of Conflict & A System

When: October 21 -25, 2019 @ 9am - 5pm

*Limited to 20 participants

Where: The Inn at the Colonnade
4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$1550

Register Now

December 40-Hour Basic Mediation & Conflict Transformation Skills Training

When: December 9 -13, 2019 @ 9am - 5pm

*Limited to 20 participants

Where: The Inn at the Colonnade
4 W University Pkwy, Baltimore, MD 21210

master at work, I would recommend attending any of her trainings. Learning this skill set is a powerful tool for all people in both work and personal settings". - Amanda Laden, Amanda Laden International

Course Fee: \$1550

[Register Now](#)

January 20-Hour Advanced Mediation & Conflict Transformation Skills Training: Custody, Visitation & Child Support

When: January 22-24, 2020

@ 5:00 PM-9:30 PM

9:00 AM - 5:30 PM

9:00 AM - 4:00 PM

*Limited to 20 participants and requires completion of 40-hour basic training

Where: The Inn at the Colonnade
4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$945

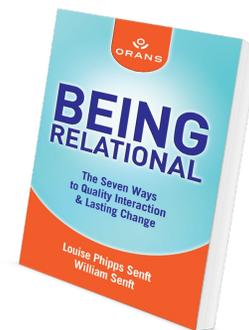
[Register Now](#)

QUOTE FOR THE MONTH:

"Compassion for ourselves gives rise to the power to transform resentment into forgiveness, hatred into friendliness, and fear into respect for all beings." - Jack Kornfield

For copies of the **Amazon best seller** *Being Relational: The Seven Ways to Quality Interaction & Lasting Change* visit

- [Amazon](#)
- [Audible](#)
- [Barnes & Noble](#)
- **Independent bookstores!**



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AS SEEN ON:



BALTIMORE MEDIATION | 443-524-0833 | Office@Baltimoremediation.com